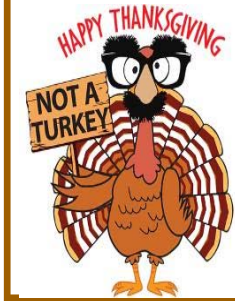


November

HS=>12 Satellite Hot Lunch Menu




Fun Fact!

91% of Americans eat Turkey on Thanksgiving!



All menus are subject to change! We do our best to provide our customers with all of our planned options; however, sometimes crops, weather & availability have other ideas!

Lunch Meals include canned or fresh fruit, or 100% fruit juice; & your choice of milk: skim, low fat, or fat free chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Visit nutrislice.com for Menu & Nutrition Information. You can also download the app on your mobile device!</p> 	 <p>Harvest of the Month: Squash</p>	<p>1</p> <p>Roasted Chicken & Roll Mashed Potatoes & Gravy Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>2</p> <p>Pizza Crunchers Carrots Leafy Green Side Salad Canned Fruit</p>	<p>3</p> <p>Chicken-Broccoli Alfredo Broccoli Baby Carrots w/ Dip Fresh Fruit</p>
<p>6</p> <p>Chicken Sandwich Green Beans Fresh Veggie Dippers Canned Fruit</p>	<p>7</p> <p>Chicken Drumstick & Hush Puppies Baked Beans Romaine Side Salad Fresh Fruit</p>	<p>8</p> <p>Chicken Nuggets Sweet Potato Waffle Fries <i>OR</i> Glazed Sweet Potatoes Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>9</p> <p>Chicken & Waffle Corn Leafy Green Side Salad Canned Fruit</p>	<p>10</p> <p>Teriyaki Beef Dippers <i>w/ Rice & Roll</i> Broccoli Baby Carrots w/ Dip Fresh Fruit</p>
<p>13</p> <p>Hamburger <i>OR</i> Cheeseburger Tater Tots Fresh Veggie Dippers Canned Fruit</p>	<p>14</p> <p>Pepperoni Stromboli Marinara Cup Mixed Vegetable Blend Romaine Side Salad Fresh Fruit</p>	<p>15</p> <p>Chicken Nuggets Carrots Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>16</p> <p>Beef <i>OR</i> Pork Tacos Refried Fiesta Beans Leafy Green Side Salad Canned Fruit</p>	<p>17</p> <p>Max Sticks Marinara Cup - Spinach <i>Or</i> Collard Greens Coleslaw Fresh Fruit</p>
<p>November 20-24</p> <h1>Thanksgiving Break</h1>				
<p>27</p> <p>Rib-B-Q Sandwich Deli Roasted Potatoes Fresh Veggie Dippers Canned Fruit</p>	<p>28</p> <p>Corn Dog Baked Beans Romaine Side Salad Fresh Fruit</p>	<p>29</p> <p>Roasted Chicken & Roll Mashed Potatoes & Gravy Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>30</p> <p>Pizza Crunchers Carrots Leafy Green Side Salad Canned Fruit</p>	<p>◆ Thanksgiving Holiday Meal ◆ Roast Turkey w/Gravy Stuffing * Mashed Potatoes Glazed Sweet Potatoes * Roll Mixed Vegetable Medley Cranberry Sauce Romaine Salad Holiday Cookie</p>