

NOVEMBER

PCS HS to K-12 Satellite Lunch Menu (non-OVS)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>There is always something to be thankful for!</p> <p>Check out our Harvest vegetable of the Month</p> <p>YELLOW SQUASH</p> 				<p>1</p> <p>Breaded Chicken Sandwich Steamed Broccoli Florets Fresh Carrots & Harvest of the Month Yellow Squash! Fresh Fruit Choice of Milk</p>
<p>4</p> <p>Popcorn Chicken & Pretzel Rod Spinach or Collard Greens Fresh Veggie Dippers w/ Harvest of the Month Yellow Squash! Cupped Fruit Choice of Milk</p>	<p>5</p> <p>Beef or Pork Tacos Refried Fiesta Beans Romaine Side Salad Fresh Fruit Choice of Milk</p>	<p>6</p> <p>Chicken Drumstick w/ Hush Puppy Crispy Fries Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>7</p> <p>Meat Lovers Stromboli Marinara Cup Green Beans Mixed Side Salad Cupped Fruit Choice of Milk</p>	<p>8</p> <p>Cheese Pizza Crunchers Mashed Potatoes w/ Gravy Fresh Carrots & Harvest of the Month Yellow Squash! Fresh Fruit Choice of Milk</p>
<p>11</p> <p>Cheese Sticks & Toasted Ravioli Boat Marinara Cup Country Baked Beans Fresh Veggie Dippers w/ Harvest of the Month Yellow Squash! Cupped Fruit Choice of Milk</p>	<p>12</p> <p>Cheeseburger or Hamburger Deli Roasted Potatoes Romaine Side Salad Fresh Fruit Choice of Milk</p>	<p>13</p> <p>Chicken Nuggets Sweet Potato Fries Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>14</p> <p>Mini Cheese Calzones Marinara Cup Sweet Green Peas Mixed Side Salad Cupped Fruit Choice of Milk</p>	<p>15</p> <p>Teriyaki Beef Dippers w/ Rice & Roll Steamed Broccoli Florets Fresh Carrots & Harvest of the Month Yellow Squash! Fresh Fruit Choice of Milk</p>
<p>18</p> <p>Loaded BBQ Pork & Cheese Nachos Santa Fe Black Beans Fresh Veggie Dippers w/ Harvest of the Month Yellow Squash! Cupped Fruit</p>	<p>19</p> <p>Max Cheese Sticks Marinara Cup Tater Tots Romaine Side Salad Fresh Fruit Choice of Milk</p>	<p>20</p> <p>Chicken Tenders Green Beans Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>21</p> <p>Bean & Cheese Burrito Salsa Cup Corn Niblets Mixed Side Salad Cupped Fruit Choice of Milk</p>	<p>22</p> <p>Breaded Chicken Sandwich Steamed Broccoli Florets Fresh Carrots & Harvest of the Month Yellow Squash! Fresh Fruit Choice of Milk</p>
<p>THANKSGIVING BREAK</p>				

Visit nutrislice.com for Menu & Nutrition Information, & to download the app on your mobile device!

